Duke-UNC TTS Virtual Training Agenda—Fall 2022 TTS Training

Numbers below correspond to module numbers in the TTS training manual.

❖ **March 1-20, 2023: Online course portal open for pre-course work**

Asynchronous online videos and readings to complete prior to the first virtual session (approx. 4 hours)

- Welcome Video
- 1.1: Tobacco History (video and reading)
- 1.2: Who is Using Tobacco?
- 1.3: What Works in Tobacco Control and Prevention? (video and reading)
- 2.1: What is in a Cigarette?
- 2.2: E-cigarettes
- 2.3-2.4: Other Tobacco Products and New and Emerging Tobacco Products
- 3.1: Pathology
- 3.6: Psychosocial Basis for Nicotine Dependence
- 4.1-4.3: Diagnostics and Assessments

❖ **March 20, 2023, 12:00pm-5:00pm ET: Live Virtual Training Session 1**

- Welcome and Introductions
- 1.5: Tobacco Myths and Misconceptions
- Review and discussion of Modules 1.1-1.3: What Works in Tobacco Prevention and Control?
- Review and discussion of of 2.1-2.3: What is in a Cigarette, E-cigarettes, and Other Tobacco Products
- 2.4: Emerging Tobacco Products
- Pathology Review (including EVALI and COVID) and Treatment Plan Excercise
- 3.4: Nicotinic Acetylcholine Receptors
- 3.5: Neuroanatomy of Tobacco Addiction
- Review & Treatment Plan Exercise: Nicotine Dependence

❖ **March 21, 2023, 12:00pm-5:00pm ET: Live Virtual Training Session 2**

- Review and Treatment Plan Exercise: Assessments
- 5.1: Pharmacotherapy Agents
- 5.2: Pharmacotherapy Strategies
- Test Pharmacotherapy Cases
- Treatment Plan Exercise: Pharmacotherapy
- Plus Delta Exercise

--Agenda continued on next page--

❖ **March 21-27, 2023: Online course portal open for mid-course work**

Asynchronous online videos to complete prior to the third virtual session (approx. 4 hours)

- 6.2-6.3: Foundational Behavioral Interventions
- 6.4: Cognitive Behavioral Therapy
- 6.5: Mindfulness
- 7.1-7.8: Populations Requiring Special Consideration
- 7.2: Co-Occurring Mental Health and Other Substance Abuse Disorders
- 7.3: Pregnancy (includes 3.3: Developmental Effects)
- 8.1: Policy and Managing Media
- 11.1: Accessing and Interpreting Information on Tobacco Dependence and Treatment
- 11.2: Resources and Referral Sources
- Tobacco Treatment in Youth and Adolescents

❖ **March 27, 2023, 12:00pm-5:00pm ET: Live Virtual Training Session 3**

- 6.1: Motivational Interviewing
- Review & Skills Practice: Motivational Interviewing
- Review & Treatment Plan Exercise: Behavioral Treatments
- 6.6: Alternative Treatments
- Panel Discussion: Health Equity In Tobacco Treatment
- Review & Treatment Plan Exercise: Targeted Treatment Strategies
- 8.1: Public Policy & Managing Media Exercise

❖ **March 28, 2023, 12:00pm-5:00pm ET: Live Virtual Training Session 4**

- Facilitated Conversation & Exercise: Policy and Media
- 9.1-9.2: Workflow of a Tobacco Use Treatment Intervention and Lung Cancer Screening
- Visit Demonstrations
- 9.3: Building a Sustainable Tobacco Use Treatment Program
- 10.1-10.6: Tobacco Use Treatment Programs in Healthcare Settings
- NCTTP certification + CE certificates + Wrap Up